

## Freedom From Offense – 8 “How To Forgive”

Matthew 18:21-22 (KJV)

How often to forgive?

7 x 70 = 490 (limitless forgiveness)

Matthew 18:34-35 (KJV)

Results of unforgiveness

Tormentors – the source is unforgiveness, NOT what was done to us (ex-spouse...)

[ How To Forgive ]

1. Forget? Philippians 3:13 “... forgetting those things which are behind...”  
He had perfect recall in his testimony ?  
Forget means he didn’t condemn or disqualify himself from his high calling.
2. Trust ? forgiveness is free with God; trust is earned.  
“Faithful in little, ruler of much.”
3. Forgiveness is the releasing of debt.  
Unforgiveness is “you owe me.”  
Unforgiveness has MALICE as a partner.  
How does malice manifest?  
Verbal assault or assassination

Proverbs 6:16-19 (KJV)

3 out of 7 involve the tongue

Ephesians 4:28-32 (KJV)

Slander / talebearer / whisperer / backbiter / gossip

- to accuse
- to run down with tongue
- defamation of character
- to hurt or harm with the tongue

Numbers 14:36 “... 10 spies slandered the land

Evil report

I Timothy 3:8-11 (KJV)

Double-tongued / slander

[ Process of Forgiveness ]

Receive your forgiveness

Remember freedom from debt

Release others of debt

Refuse to go back to debtor's prison (torment)

[ Why Won't People Release Others? ]

“If I release them, they get away with it!”

I Peter 2:18-25 (KJV)

1. Release the debt.

2. Give it to God; He judges fairly.

3. Give your soul (emotions and thoughts) to God to heal.

I Peter 3:8-17 (KJV)

(Matthew 5:44 – ref)

(Romans 12:14 – ref)

I Peter 4:19 (KJV)

Communion